





A training lap, not too steep, pleasant to ride, ending with the long climb between Lucens and Prévonloup.

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A training route

A training appreciated at the beginning of the season and even beyond. If the average hourly speed can reach 30km/h at the arrival in **Moudon**, it quickly drops at the first foothills of the climb to **Sottens**. The tour starts in **Fuyens**, passes through **Romont**, **Siviriez**, **Ursy** and goes down to **Moudon**.

Road of Moudon

As you leave the town of **Moudon**, the road of the same name rises slowly and becomes steeper in the last laces before reaching the village of **Sottens**. The route then turns right to reach the town of **Thierrens**, then **Neyruz-sur-Moudon**, **Villars-le-Compte**, **Oulens**, before reaching the town of **Lucens**.



The road of Moudon



Road back by Prévonloup

The return route is not very exciting, on the cantonal road. The climb, which goes up between 4% and 5%, is not to be taken too quickly, especially at the beginning of the season.

We complete the tour of approximately 60km, while passing again by **Romont**. Back home.