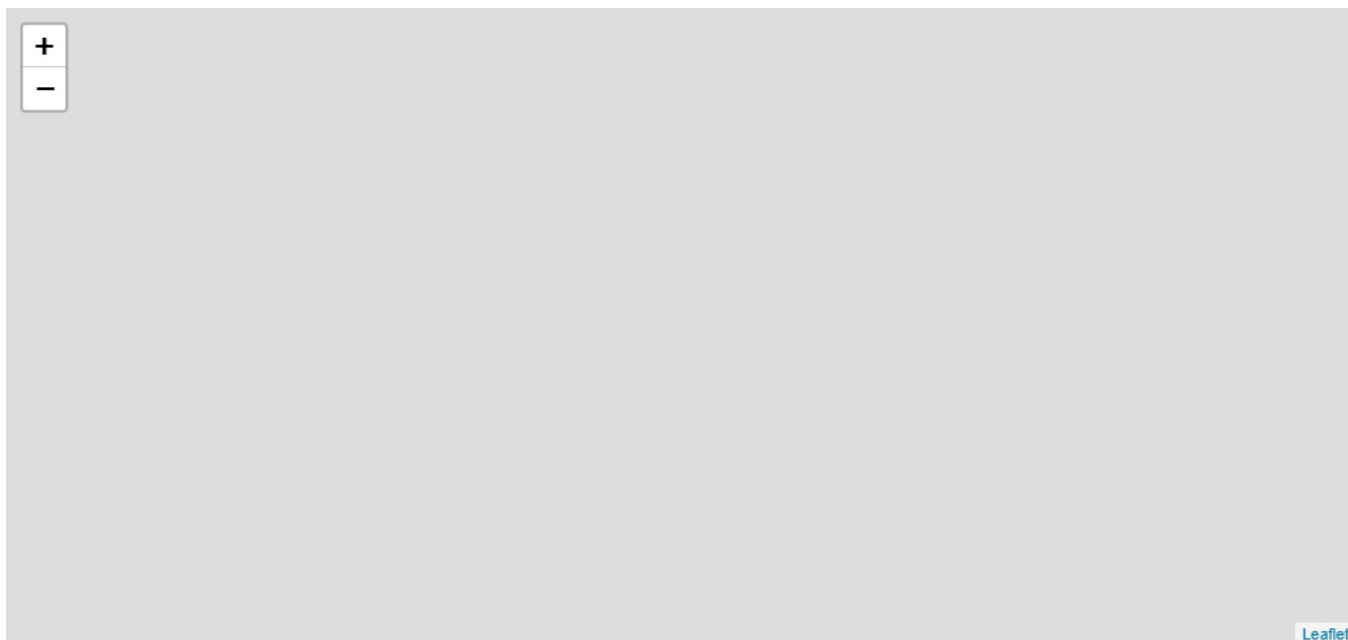


# Tour of Gantrisch

Road

🏔️ Distance : 85 km    🏔️ Elevation : 1650 m    ★ Difficulty : 3  
📍 Start point : Marly



The Gantrisch region straddles the cantons of Bern and Fribourg and is a favorite of many cyclists and hikers. The first part is quite physical, until the summit of the G urnigel. The next part is only fun.

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## Start from Marly

The tour starts at the gates of **Fribourg**, in the town of **Marly**. We then quickly enter the district of Singine to climb towards **Tentlingen, Giffers, Placehelb, Zollhaus**.

## The G urnigel pass

The highest point of this tour, at 1608m, the G urnigel pass offers an exceptional view over the whole region up to the lake of Thun. The ascent is steep enough to give a hard time to even the most experienced climbers.



*The Gürnigel pass*

## Back to Marly in express mode

The next ten kilometers are a real pleasure. The descent is very fast. The rest of the course, passing by **Riggisberg, Schwarzenburg, St-Antoine, Tifers**, is also very fast. The whole route is downhill or almost. Nevertheless, it takes a good three hours to complete the tour at an average speed of 25km/h.